

# Almaden Cabana Club Summer 2008 Swim Lessons

Swim Lessons in Your Neighborhood  
Almaden Cabana Club at 6975 Bret Harte Drive!

- Kind & encouraging swim instructors
- Some instructors WSI Certified
- Fun and safe atmosphere
- Heated pool



- Small Class Sizes (4:1)
- Get comfortable in the water
- Learn to swim this summer!
- Build and polish swimming skills

Registration form on other side.

Contact [SwimLessons08@AlmadenCabana.org](mailto:SwimLessons08@AlmadenCabana.org) if you have questions.

## Schedule:

Session	Begin Date	End Date	Times Available				Number of Lessons	Price Members	Price Non-Member	
1	June 16	June 27		10:30	11	11:30	12	10	\$65	\$85
2	June 30	July 11		10:30	11	11:30	12	9*	\$60	\$80
3	July 14	July 25		10:30	11	11:30	12	10	\$65	\$85
4	July 28	August 1	10	10:30	11	11:30		5	\$35	\$45
5	August 4	August 8	10	10:30	11	11:30		5	\$35	\$45
6	August 11	August 15	10	10:30	11	11:30		5	\$35	\$45
7	August 18	August 22	10	10:30	11	11:30		5	\$35	\$45

\* No class on Friday July 4, 2008

## Classes:

We offer four different levels of instruction:

- **Beginner** is meant for young children who need to become accustomed to the water, learn to blow bubbles and kick their feet. If your child can swim more than 10 feet, consider Advanced Beginner.
- **Advanced Beginner** is meant for the child who can keep his/her head above water on his/her own and can even do a little freestyle swimming and perhaps backstroke. The children in this class do not yet need to learn how to do breaststroke or butterfly. It's a great class for any child to improve their freestyle and backstroke. This is our most popular class as it is great for recreational swimmers and younger competitive swimmers. Children in this class may be any age.
- **Intermediate** is meant for the child who has really mastered freestyle and backstroke and is ready to learn how to do Breaststroke and Butterfly. These children are typically 7 years of age or older.
- **Stroke Analysis** is meant for the child who is, or could be a competitive swimmer. These children have already learned the basics of all four competitive swimming strokes and wish to improve their skill. Children in this class are typically 7 years of age or older.

Rest assured that if your child's skill level is best matched with another class, we will do all we can to accommodate this.

Please return this form with payment to the Swim Lessons Coordinator. This should be placed in the Managers' Mailbox, to the right of the front gate at the Almaden Cabana Club, 6975 Bret Harte Drive.

Make checks payable to Almaden Cabana Club.

Payment is due in full with completed application form. No refund will be given for your cancellation within one week of the beginning of the class. There is a minimum of 2 children scheduled for each class. In the event a class is not filled, Almaden Cabana Club reserves the right to combine or cancel classes.

Parent Information:	<input type="radio"/> Member (guest or proprietary) <input type="radio"/> Non-Member	Total \$ Enclosed: _____
Parent Name:	_____	
Parent Phone:	_____	
Street Address:	_____	
Parent e-mail:	_____	

Fill out one for each swimmer. Indicate a first and second choice if possible. Please use an additional form for additional swimmers.

Swimmer's Name (First and Last Name): \_\_\_\_\_ Age: \_\_\_\_\_  
 Swimmer's Level (Circle one): Beginner AdvBegin Intermed Stroke

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