



Almaden Cabana Club Spring Swim Lessons

Five Saturdays
April 19 - May 17, 2008
Spring lessons are back again!!

Only \$35 for Members and \$45 for Non-Members of the
Almaden Cabana Club at 6975 Bret Harte Drive!

- Kind & encouraging swim instructors
- Fun and safe atmosphere
- Heated pool
- Get comfortable in the water
- Learn to swim before the summer
- Build and polish swimming skills

Contact SwimLessons08@AlmadenCabana.org if you have questions.

Classes:

Level		Prerequisites	Objectives
B	Beginner	Must be out of diapers, and at least 3 years old	Blowing bubbles, floating, kicking, swimming out to instructor
AB	Advanced Beginner	Must be able to maintain head above water and kick to instructor	Swimming freestyle to instructor, side breathing, use of arms, backstroke
I	Intermediate	Must be able to swim freestyle and backstroke across the width of the pool	Refinement of freestyle and backstroke, breaststroke, butterfly
SA	Stroke Analysis	Must be able to swim all four strokes across the width of the pool	Refinement of all competitive strokes, diving, flip turns

Payment is due in full with completed application form. No refund will be given for your cancellation after April 12, 2008. There is a minimum of 2 children scheduled for each class. In the event a class is not filled, Almaden Cabana Club reserves the right to combine or cancel classes.

Please detach and return with payment to the Swim Lessons Coordinator. These can be placed in the Managers' Mailbox to the right of the front gate at the Almaden Cabana Club, 6975 Bret Harte Drive or mailed to PO BOX 20313, San Jose, CA, 95160.

For confirmation of enrollment, please provide your contact information in the form below.

Make checks payable to Almaden Cabana Club.



Swimmer's Name (First, Last)	Age	Level	Time
		B AB I SA	10 10:30 11 11:30
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		B AB I SA	10 10:30 11 11:30

Parent's Name _____ Phone _____

Street Address _____ E-mail _____

Member (guest or proprietary) Non-Member

Total amount enclosed: _____